

“Jack & The Beanstalk”

Moving Minds April 2015

ELA Small Group Activity

“Jack and the Beanstalk”

Materials	Set-Up	Activity	Target Skills
<p>Activity 1:</p> <ul style="list-style-type: none"> • Bean/small cube or other item that can be a “seed” • Cup to “plant” the seed in • Tongs to pick up “seed” • Braided Rope • Scooter board or carpet square / pad for child to lay on while pulling themselves on the floor. • Drawing or picture of giant <p>Variations:</p> <ul style="list-style-type: none"> • Sheets of drawing paper for each student • Crayons/pencils • Mr. Potato Head and body parts 	<p>Activity 1:</p> <ul style="list-style-type: none"> • Have children become familiar with the story “Jack and the Beanstalk”. • Tie braided rope to door handle or any stable object. • Place carpet square/mat on floor at the end of rope. • Place picture of giant on wall/surface near the end of rope where it is tied. • Place cup and “seed” at beginning of rope with tongs next to it. <p>Variations:</p> <ul style="list-style-type: none"> • Child draws a picture of giant after climbing the beanstalk. • Child draws named feature on pre-drawn outline of giant after “climbing the beanstalk”. • Child places named body part on Mr. Potato Head 	<p>Activity 1:</p> <ul style="list-style-type: none"> • Child pretends to plant a seed using tongs to place item in cup. • Child gets on belly (prone) on top of carpet or mat. • Child pulls self forward by pulling the rope in a hand-over-hand method, pretending to climb up the beanstalk. • When child gets to the end of the rope, he stands up and touches a body part on the giant as instructed by the teacher. • Child sits back down with his group. • Next child does the activity. 	<p>Activity 1:</p> <ul style="list-style-type: none"> • Upper extremity strengthening/coordination • Pre-scissors skills (tongs) • Back and neck extension • Sequencing of activity • Identification of body parts • Bilateral co-ordination

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<p>Activity 2:</p> <ul style="list-style-type: none"> • Beans or small object that can be a “seed” (for each child). • Number cards. • Tongs (for each child). • Cup (for each child). • Pole or other stable object. • Rope. • Table (used to create an inclined surface). • Picture of giant. 	<p>Activity 2:</p> <ul style="list-style-type: none"> • Children sit near to where rope activity will be done. • Each child is given “seeds”, tongs and a cup. • Table is propped against pole & legs, at end of table away from pole, are folded down. • Table is placed in such a way that it will not move • One end of the rope is tied to the top of the pole and the other end reaches to the bottom of the table. • Picture of giant can be placed at top of pole. 	<p>Activity 2:</p> <ul style="list-style-type: none"> • Teacher shows the children a number card, and using the tongs, place that number of “seeds” in their cups. • One child at a time, “climbs up the beanstalk”, by getting on his knees by the rope. • Child holds onto rope & pulls himself up the inclined surface (table) to the top of the pole and “taps” the giant picture. • Child lets go of the rope and slides down the inclined surface (table). 	<p>Activity 2:</p> <ul style="list-style-type: none"> • Relates to story. • Number recognition & counting. • Hand strengthening & coordination. • Motor planning & body awareness. • Overall strength, balance and coordination. <p style="text-align: right;"><i>Moving Minds April 2015</i></p>

